

# SWITCHING MAJORS IS LESS LIKELY IN HIGH-GRIT STUDENTS

The total self-report grit score inversely predicts change in major. Less gritty individuals are less likely to know what they want to study, and/or more likely to change their intended major. The grit sub score, **consistency of interest**, predicts likelihood of changing major.<sup>1</sup>

WITH A CAREER PATH ALREADY CHOSEN, GRITTIER STUDENTS WERE MORE LIKELY TO PUT IN A CONCENTRATED EFFORT TO ACHIEVE THEIR GOAL.<sup>2</sup>



1) Akos, P., & Kretchmar, J. (2017). Investigating grit at a non-cognitive predictor of college success. The Review of Higher Education, 40(2), 163-186. <https://doi.org/10.1353/rhe.2017.0000>

2) Lee, S., & Sohn, Y. W. (2017). Effects of grit on academic achievement and career-related attitudes of college students in Korea. Social Behavior and Personality: An International Journal, 45(10), 1629-1642. <https://doi.org/10.2224/sbp.6400>