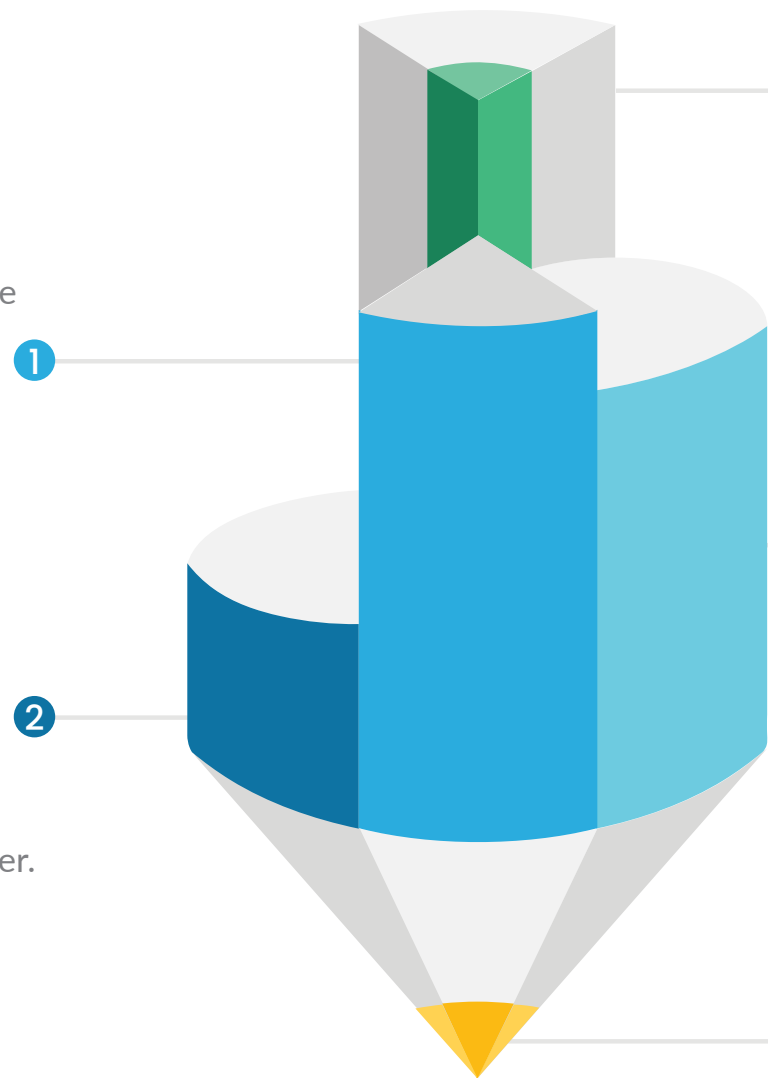


GRIT STRATEGY: **SELF-EVALUATION**

Interventions using self-evaluation have been widely reported as useful in **strengthening proacademic and prosocial behaviors.**

The students rates his or her own performance independently and matches those ratings to those collected simultaneously by the teacher.



3 Bonus points or other reinforcers can be earned for the degree of match between the adolescent and the teacher, thereby increasing the motivation to evaluate one's own performance.

4 This student/teacher matching component is extremely valuable in helping the adolescent to **understand the teacher's perspective.**

Self-evaluation can help the student begin to think differently about himself or herself as a learner, **moving toward a more open or growth mindset.**

